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American mustard fish fry  
RECIPE

## American mustard fish fry



**COOK TIME**            10 mins  
**PREP TIME**            5 mins  
**SERVES**                4 x

American mustard fish fry

### INGREDIENTS

- 4 fillets White Fish
- 4 cups (1000mls, 32 fl oz) Canola or Vegetable Oil
- 1 ½ cups (280g) Plain Flour
- 1 ½ tsp Salt
- 1 tsp MasterFoods American Mustard (for batter)
- 3 tbsp MasterFoods American Mustard (for dipping sauce)
- 2 tbsp Mayonnaise
- 2 cups (500ml, 16 fl oz) Soda Water

### METHOD

1. Mix together 3 tbsp of MasterFoods American Mustard with the Mayonnaise in a small bowl, set aside.
2. Mix the flour with a tsp of MasterFoods American Mustard, salt and soda water.
3. Cut the fish into bite sized pieces.
4. Heat the oil to hot.
5. Dip the fish pieces in the flour mix and then fry in batches till cooked and crispy, taking the pieces out and draining them on kitchen paper towels.
6. Serve on a plate with the mustard & mayonnaise dipping sauce.

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**Source URL:** <https://www.masterfoods.com.au/recipes/american-mustard-fishfry>